

Green Oaks Medical Center, PC  
Dr. Christine Green

3200 Middlefield Rd, Suite B  
Palo Alto, CA 94306  
650-433-8925/Fax: 650-523-4682

Christine Green, M.D. has practiced Complementary, Integrative, and Orthomolecular Medicine since opening her private practice in 1983.

Focus currently includes:

- ◎ Treatment of tick borne disease
- ◎ Bio-identical hormones
- ◎ Providing second opinions in chronic fatigue syndrome and other chronic disease in which critical and agile thinking is required to diagnosis

Dr. Green treated her first case of Lyme disease in 1989. Since then she has closely followed Lyme and chronic infectious disease via patient care, diagnosis, treatment, and ongoing research of Lyme Disease and other "TBD" (tick-borne diseases). Dr. Green has not only followed the research and scientific knowledge regarding these newly recognized bacterial diseases, but since 2004 has been an active member of ILADS, the International Lyme and Associated Disease Society. Since joining ILADS she has brought a new sense of awareness to the medical community where she contributes her time and expertise to patient research and patient advocacy. She currently serves as the Director of Education for ILADS.

Dr. Green began practice in 1983 as the Education Coordinator for the Premenstrual Syndrome Self Help Centers and has become an expert in the use of bio-identical hormones in the treatment of Menopause, Premenstrual Syndrome, and Postpartum Depression. She believes that hormonal balance issues are best addressed through nutrition and lifestyle adjustments, but also believes these can be effectively combined with the scientific knowledge gathered in research studies that have examined the safety and efficacy of bio-identical and plant estrogens, progesterone, DHEA, testosterone and thyroid.

Dr. Green has a true passion for her profession and patients, demonstrated by her commitment to constant collaboration and ongoing research within the patient and medical community. She possesses a unique ability to problem solve patient issues by listening closely, validating, and seeking out unconventional uses of therapy, based on Western Medicine research and clinical studies. Her use of specific and specialized laboratory tests, as well as real-life patient knowledge gained over more than 25, years, helps her to help her patients regain their good health.

Dr. Green believes it's important to consider the whole body and environment (epigenetics) and family history (genetics) of the patient. It is her goal to fully understand the current state of a patient, so that she can join them in finding their way back to health and balance.

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Dr. Green opened her Green Oaks Medical Practice in Los Altos in 1983. She and her husband are the proud parents of three grown children. She continues to research, while enjoying family and friends. Training, observation, keeping up with the literature and real life experience with patients, as well as with her own family, has led to a clinical practice that seriously observes the Hippocratic oath, "First do no harm." Dr. Green personalizes that oath to reflect her professional commitment to her patients: Adjust the natural behaviors and nutrients to support the living system of the body and mind to allow healing, balance, harmony and health.

**Board Affiliations:**

Currently Dr. Green serves on the board of ILADS, the International Lyme and Associated Disease Society and on the board of LymeDisease.org, formerly CALDA

**Education:**

Dr. Green graduated Phi Beta Kappa from Reed College, writing her thesis and majoring in Ecology/ Biology. She studied medicine at UC San Diego School of Medicine, and trained at Stanford University's Family Practice Residency Program. She applies this Western knowledge to her practice when she feels it is necessary, thus using allopathic prescription medication and chemicals. Dr. Green integrates lifestyle adjustment, natural and bio-identical nutrients, and pharmaceuticals in treating her patients. She refers patients to complementary Eastern and traditional practitioners when appropriate.